



**Anita M. Katz, PMHNP**

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### ADOLESCENT HISTORY FORM, AGES 12-18 (PARENT)

*Directions: Please fill out as completely as possible. Please answer the questions regarding your concerns for your child.  
This will help me best meet your child's needs.*

CHILD'S NAME:

DATE:

**Presenting Problem:** (Please check all of your concerns)

<input type="checkbox"/> Fear of hurting yourself	<input type="checkbox"/> Irresponsible	<input type="checkbox"/> Repetitive thoughts
<input type="checkbox"/> Fear of hurting someone else	<input type="checkbox"/> Irritable	<input type="checkbox"/> Repetitive behaviors
<input type="checkbox"/> Self-injury	<input type="checkbox"/> Angry	<input type="checkbox"/> Sees things others do not
<input type="checkbox"/> Fire-setting	<input type="checkbox"/> Sad most of the time	<input type="checkbox"/> Hears things others do not
<input type="checkbox"/> Legal problems	<input type="checkbox"/> Fatigue	<input type="checkbox"/> Difficulty getting to sleep
<input type="checkbox"/> Traumatic event	<input type="checkbox"/> Frequent mood changes	<input type="checkbox"/> Difficulty staying asleep
<input type="checkbox"/> Bed-wetting	<input type="checkbox"/> Feeling anxious/fearful	<input type="checkbox"/> Wanders during night
<input type="checkbox"/> Harmful to animals	<input type="checkbox"/> Tearful	<input type="checkbox"/> Frequent nightmares
<input type="checkbox"/> Argumentative	<input type="checkbox"/> Easily distractible	<input type="checkbox"/> Drug/alcohol use
<input type="checkbox"/> Unable to keep friends	<input type="checkbox"/> Difficulty concentrating	<input type="checkbox"/> Tics/involuntary movements
<input type="checkbox"/> Secretive	<input type="checkbox"/> Impulsive	<input type="checkbox"/> Pre-occupied with sex
<input type="checkbox"/> Lying	<input type="checkbox"/> Memory problems	<input type="checkbox"/> Sexual problems
<input type="checkbox"/> Stealing	<input type="checkbox"/> Lacks confidence	<input type="checkbox"/> Frequent complaints of illness
<input type="checkbox"/> Aggressive toward others	<input type="checkbox"/> Has lost interest in activities/friends	<input type="checkbox"/> Appetite changes
<input type="checkbox"/> Destructive to property	<input type="checkbox"/> Prefers to be alone	<input type="checkbox"/> Recent weight loss or gain
<input type="checkbox"/> Access to weapons	<input type="checkbox"/> Racing thoughts	<input type="checkbox"/> Picky eater
<input type="checkbox"/> Hopelessness	<input type="checkbox"/> Confused a lot	<input type="checkbox"/> Other
<input type="checkbox"/> Helplessness	<input type="checkbox"/> Overly energetic	
<input type="checkbox"/> Blames others	<input type="checkbox"/> Grandiose	



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**A: Family History:**

	CHILD LIVES WITH?
Mother's name: _____	<input type="checkbox"/> Yes <input type="checkbox"/> No
Father's name: _____	<input type="checkbox"/> Yes <input type="checkbox"/> No
Sibling name: _____	<input type="checkbox"/> Yes <input type="checkbox"/> No
Sibling name: _____	<input type="checkbox"/> Yes <input type="checkbox"/> No
Does your child live in a blended family?: _____	<input type="checkbox"/> Yes <input type="checkbox"/> No
Does religion play a significant role in your family? _____	<input type="checkbox"/> Yes <input type="checkbox"/> No

**B. Environmental History: (please check all that apply currently or in the past)**

- |   |  |
|---|--|
| <input type="checkbox"/> Death in the family            | <input type="checkbox"/> Financial stress                |
| <input type="checkbox"/> Unemployment of self or parent | <input type="checkbox"/> Frequent moves                  |
| <input type="checkbox"/> Parental illness               | <input type="checkbox"/> Emotional abuse                 |
| <input type="checkbox"/> Crime victim                   | <input type="checkbox"/> Parental separation or divorce  |
| <input type="checkbox"/> Violence at home               | <input type="checkbox"/> Violence between family members |
| <input type="checkbox"/> Sexual abuse                   | <input type="checkbox"/> Weapons in the home             |
| <input type="checkbox"/> Alcohol abuse self or parent   | <input type="checkbox"/> Other (please explain)          |
| <input type="checkbox"/> Drug abuse self or parent      |  |

**C: Mental Health History:**

Has your child ever intentionally hurt themselves or attempted suicide? If so, explain:



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Has your child ever been hospitalized for psychiatric reasons? If so, when and where?

Is your child currently taking any medications for a psychiatric condition?  Yes  No

If so, please list any medications for a psychiatric condition.

Has your child ever been in counseling? If so, when and with whom?

Has your child had any prior evaluations? If so, when and with whom?

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**D: Alcohol and Drug History:**

What, if any, drugs or alcohol is your child currently using?

What, if any, drugs or alcohol has your child used in the past?

Does your child smoke cigarettes?

Has your child ever been in alcohol or drug treatment? If so, when and where?



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Has any family member had problems with alcohol or drugs? If so, who and when?

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**E: Employment History (16 years and older):**

Does your child have a job that earns money?

How many hours on average per week does your child work?

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**F: Academic History:**

Victim of bullying/teasing

Feel threatened

Low grades

Suspensions/expulsions

Special classroom

Failing grades

Underachievement

Overachievement

Learning disability

Social/behavioral problems

IEP

Skipping/poor attendance

Does your child attend school?

If yes, where does your child attend and what grade?



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**G: Legal History:**

Has your child ever had a legal problem or been involved with the police? If yes, explain.

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**H: Medical History:**

a) Current medical problems/allergies:

b) Current medications (include dosage):

c) Any past head injuries or serious physical trauma:

d) Nutritional history (please describe any dietary concerns):

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Parent Signature

Date